

WILLIAMS
ISLAND®

The Florida Riviera

Fitness





The Florida Riviera

Personal Training Price List

Tier One

One Hour Session	\$75
Series – 8 Sessions	\$540
Series – 16 Sessions	\$936

Half Hour Session	\$45
Series – 8 Sessions	\$348
Series – 16 Sessions	\$600

Tier Two

One Hour Session	\$90
Series – 8 Sessions	\$640
Series – 16 Sessions	\$1,120

Half Hour Session

Series – 8 Sessions	\$60
Series – 16 Sessions	\$432
	\$768

Specialized Training

\$90	
Series – 8 Sessions	\$640
Series – 16 Sessions	\$1,200

Pilates

One Hour Session	\$75
Series – 10 Sessions	\$700
Duo Reformer Classes	\$38 Each
Trio Reformer Classes	\$25 Each

Prices Listed Are For Members Only. Sessions Not Cancelled 12 Hours In Advance May Result In A Late Cancellation Fee Of 50%. Please Schedule Your Session Directly With The Personal Trainer. Out Of Spa Sessions Must Be Paid Through The Spa Directly.

FOR FURTHER INFORMATION, PLEASE CALL: 305-937-7860